**Leisure Groups**

**October to December 2019**

**Wednesday (Fortnightly)**

**Drop off time: 5.50pm Pick-up time: 9.00pm**

**A varied timetable of adventurous activities and outdoor pursuits for young or active adults**

**GROUP LEADER: JAMIE BROCK**

**Please call 07976 704535 in an emergency 5pm til 9pm**

**All other enquires please call 0161 442 6054 8am-4pm**

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| **DATE** | **ACTIVITY** |
| 9th October |  Airport Viewing & McDonalds |
| 23rd October | Manchester Climbing Centre |
| 6th November | Pottery at Granville House |
| 20th November | Gym |
| 4th December | Swimming |
| 18th December | Christmas Party at Granville House |

**Transport will be leaving at 6.00pm, Please be prompt.**

**MEETING PLACE:**

**St. Thomas’s Place,**

**Besides BP Petrol Station,**

**Wellington Road South (A6)**

**Opposite Stockport College.**

**Warm Waterproof clothing is recommended (even if warm and sunny) for all Outdoor sessions.**

**Please ensure you bring refreshments or money to purchase refreshments.**

**Please remember to bring your Leisure Key card with you for Swimming sessions**

**Carers if appropriate - please don’t leave the meeting place until the Group Leader has arrived**

**Supportability Leisure Groups**

**Granville House, 20 Parsonage Rd,**

**Heaton Moor, Stockport. SK4 4JZ.**

**Tel: 0161 442 6054**

**www.supportability.org.uk**