**Leisure Groups** **Activity**

**October to December 2019**

**Saturday Social & Activity Group**

**10am – 4pm fortnightly**

**Meet at 10am – Pick up at 4pm**

Please call 0161 442 6054 for any enquiry or in an emergency

Group Leader: Yvonne Ellis

Mobile Number:07976 704535. Call between 9am – 5pm

This fortnightly group has been structured to fit in with the requirements of the service users. The days will feature a varied social/physical activity chosen by the group. This could be anything from a trip to the airport, a morning in Manchester, bowling, a walk, climbing session – whatever suits the group. Activities vary from season to season.

|  |  |  |
| --- | --- | --- |
| **DATE** | **SUGGESTED MORNING ACTIVITY** | **AFTERNOON ACTIVITY** |
| 5th October | **Jumbles Reservoir** | **Skiing** |
| 19th October | **Tatton Park** | **Cycling** |
| 2nd November | **Irwell Vale River** | **Skiing** |
| 16th November | **Chester Zoo** | **Chester Zoo** |
| 30th November | **Salford Museum** | **Skiing** |
| 14th December | **Bowling** | **Cycling** |

**MEETING PLACE**:

**DECATHLON Store (Opposite B & Q)**

**George’s Road, Stockport. SK4 1DN**

Warm Waterproof clothing is recommended (even if warm and sunny) for all Outdoor sessions. Please ensure you bring refreshments or money to purchase refreshments.

Please remember to bring your Leisure Key card with you for any Swimming sessions.

Carers if appropriate - please don’t leave the meeting place until the Group Leader has arrived

**Supportability Leisure Groups**

**Meridian House, Pepper Road,**

**Hazel Grove, Stockport. SK4 5BW.**