

The **Newsroom** Bulletin



James, Raz and Rob from Supportability's day service launch the first ever newsroom bulletin!



Introducing Our editors

We're delighted to welcome you to our first ever Newsroom Bulletin, which is brought to you by the people we support at our day centre. The idea behind the newsletter is to celebrate interesting stories about what happens at the day centre and within the local community. Rob, James and Raza are in full control of the planning and content of each edition. Our support workers Diane and Jane ensure they deliver the right level of support to ensure this newsroom is led and delivered by the people we support.

Meet our talented editors ...



Rob Cooper - has extensive experience as a radio presenter, model, charity fundraiser and speaker and is the 'personality' of the group. Loves to talk and great at interviews, with an additional love of golf and football to add to the mix.



James Wilde - is the joker, charmer and ladies man of the news room. With a twinkle in his eye, a love of football, good food and comedy he brings the fun element to the team and keeps us all entertained.



Raza Shaikh - is the strong and deep thinking type and is known as the 'brains' of the news team. With an extensive knowledge of music, film and gaming and a background in songwriting and performance, he keeps everyone on their toes.

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Rob's Review



Mary Stanley Raises Money for Supportability through Boxing Night

Reported by Robert Charles Cooper

The crowd at the event erupted with cheers and applause as Mary Stanley, who had no previous boxing experience, emerged victorious in her charity boxing match. Mary, who had never boxed before and had only trained for eight weeks, put

on an impressive performance and raised £1600 for Supportability.

In an interview with Robert Cooper Mary spoke about her experience leading up to the fight.

"I liked the fact that I could raise money for the charity by doing something that I've always wanted to do, and get fit doing it".

Mary explained that she had never boxed before but was motivated by the cause and committed herself to training hard.

"I really liked the fitness side of it and the fact that I learned some self-defence".

On the night of the fight, Mary went by the name Mary 'Stinger' Stanley. She faced off against an equally matched opponent



and put on a display of speed and agility that left the crowd in awe. Despite her opponent's best efforts, Mary emerged victorious, eliciting cheers from the audience and raising a substantial amount of money for Supportability.

Mary said about the fight:

"It was brilliant and I'm really proud that I did it".

Mary expressed gratitude for the support she received from everybody. The funds raised by Mary will go towards purchasing an interactive table which will be shared equally across the service so that everyone can benefit from its use.

Mary's success at the charity boxing night serves as a reminder that with dedication and hard work, anyone can achieve their goals!

Well done Mary!



Rob & Raz's Band Interview

Rob and Raz interview local band, The Hidden

Raz and Robert from the Supportability News Team had the opportunity to sit down and interview Danni, the lead singer of local rock band "The Hidden." The five-piece group was formed a decade ago by Darren, Andy, and Roy. The band draws inspiration from legendary bands such as Heart, Led Zeppelin, and Pink Floyd.

During the interview, Danni revealed that she loves songs that tell a story and bands that have a strong stage presence. She admitted that writing lyrics can sometimes be a challenge, but the band's guitarist, Darren, is an exceptional songwriter. Her personal favourite track that the band has written is "Judgment Day," which they hope to release later this year.

When it comes to performing 'The Hidden' typically perform at pubs and rock venues such as The Town Hall Tavern and Roughleys Bike Show. The band's gigs are usually divided between cover versions and their own original material. Some of the cover songs they perform include tracks from White Snake, Bob

Seeger, and Tom Petty.

The band continue to work hard and are always looking for opportunities to perform and build a following. Fans of classic rock should definitely keep an eye out for this talented group. Thank you Danni for the interview, the News Team really enjoyed meeting you.



James' Staff Spotlight



In this edition's Staff Spotlight, James Wilde interviews Paul Gibson

James: What is your favourite football team?

Paul: I am not a big follower of football. My family support Manchester City. If I had to choose a team I would say I support Stockport County.

James: What is your favourite band or song?

Paul: The Stone Roses are my favourite band. Favourite songs- Here comes the sun by The Beatles and People just ain't no Good by Nick Cave and the Badseeds.

James: What is your favourite food?

Paul: Spaghetti Bolognese.

James: What is your favourite film?

Paul: Shawshank Redemption.

James: What is your favourite drink?

Paul: Black coffee or water. Henry Western Cider.

James: What is your favourite joke or comedian?

Paul: Ricky Gervais.

James: What is your favourite Place?

Paul: North Wales.

James: What is your favourite holiday place?

Paul: Northern Ireland.

James: What is your favourite hobby?

Paul: Model making such as Star Wars and Army model kits.



Rob's Interview

Rob interviews Head of Fundraising Kaylie Champman about the up coming 30th Anniversary Golf Day fundraiser

Heaton Moor Golf Club will soon play host to an exciting event. On Friday, 7th July, the 30th Supportability Charity Golf Day will take place. The day promises to be a memorable occasion, filled with golfing activities, a live performance and prizes.

Robert Cooper interviewed Kaylie Chapman, the Head of Fundraising at Supportability to find out more about the day and ways to get involved.

The day starts at 12 o'clock and will

commence with a disability golf session on the practice green at the front of the club. Then at 12.15pm talented members of Skills will be performing in a Sing and Sign choir, uplifting the audience with their wonderful performance.

Golfers participating in the tournament will have the opportunity to register from 12pm and enjoy a delicious bacon butty, fuelling them for an exciting day ahead. The main golfing action is scheduled to start at 1 p.m. and will continue until 6 p.m.



Kaylie expressed her excitement about the event, emphasising the importance of the Supportability Charity Golf Day. The best thing about the day is that the people we support come down and take part and the people who donate can get to meet the people who receive the donations. "It's an informal, formal event that raises lots of money for the charity".

This year marks a significant milestone for the charity, as they celebrate the 30th anniversary of the charity fun day. To commemorate this special occasion, the event will conclude at 6pm with food, a presentation, raffle, an auction, and various competitions and attendees will have the chance to win exciting prizes while supporting the cause. Prizes will include £100 Amazon and Love to Shop Vouchers, bottles of Prosecco and Beer as well as a variety of Golf prizes.

For those who wish to participate but don't play golf, Supportability has ensured their involvement too. Non-golfers can purchase "golf clinic" tickets, which grants them access to an hour-long beginner lesson with a professional golfer, enabling them to learn and enjoy the sport. Businesses can show their support by sponsoring one of the holes for £100 There is a buzz about the possibility of celebrities visiting to witness the sing and sign performance. Kaylie, however, remains tight-lipped, keeping the surprise under wraps for now.

The Supportability Charity Golf Day promises to be a day filled with fun and inspiration, and the coming together of the Supportability community to make positive change. Tickets are available for £5.00 on the Supportability website or from the Admin office at Granville House.

Raz's Games Review



Games lover Raz reviews one of his favourites!

Game: Tekken 4

Tekken 4 is one of Raz's favourite games and is a fighting game published by NAMCO in 2001 on PlayStation 2.

The Story: The game is set 2 years after Tekken 3. Heihaci Mishima forms a '4th King of Iron Fist Tournament' to fight his son and grandson. The prize is to possess the 'Devil gene' Necessary to splice

with ogres' blood so that Heihaci can become immortal. However, its ending is complicated and he becomes the boss.

Favourite Character: Jim Kazame

Graphics Score: 7

New Features: New faces, new modes, unlockable items.

Experience: Good for play with mates.

Overall Game Score: 9.



James' Jokes



James loves a good joke and has specially chosen these for this edition:

What type of pizza do dogs like to order?

Pup-eroni-pizza.

Why did the football quit the team?

It was tired of being kicked around.

Why was the footballer upset on their birthday?

Because they got a red card.



**To find out more about our services,
working for us or fundraising for us,
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enquiries@supportability.org.uk.**

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Making life better for
people with disabilities 